

CORNWALL ROWING ASSOCIATION

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01/03/10

Dear Rowers,

CRA- Debbie Rendle Memorial Race- Monday 13th April 2009

We would like to invite you to the annual Debbie Rendle Memorial Race, which will take place on Sunday 25th April 2009.

We will be starting the race as usual, from the tidal barrier at Truro and finishing at the Pandora Inn, Restronguet. Please note that the bottom of the slip is very muddy so launching may be awkward. As in previous years the race will be run on a handicap basis and in order to the beat the receding tide we need to hold the Cox's' meeting at 3pm, for a 3.30pm start.

We have obtained permission from the relevant bodies for parking at the car park adjacent to the start. Please make sure you leave your trailers out of the way of others parking there. Parking for boat trailers has also been arranged at Restronguet on the adjacent pier.

I have enclosed a copy of the rules and entry form, please fill in one form per boat and return by 10th April 2010 either by email or post.

Please could all entrants ensure that they are adequately covered for insurance purposes. The entry fee per rower is £2.00, cheques can be made payable to Cornwall Rowing Association.

We look forward to seeing you.

Yours sincerely

Sophie North
Cornwall Rowing Association Secretary

ENTRY FORM AND RULES FOR THE DEBBIE RENDLE MEMORIAL RACE
25th April 2010

- 1 All boats will be raced on a handicap basis.
- 2 Entry forms should be sent or handed to Sophie North before the Start of the race, along with the registration fee of £2 per rower.
- 3 All boats must carry, a pump plus 1 bailer, or 2 bailers.
- 4 All Flash Boat coxswains and all under 18 rowers to wear lifejackets.
- 5 Mixed crews preferable, but at least **one adult** minimum per boat (No exceptions).
- 6 Remember to follow the channel marker buoys i.e. Red can buoys to the right, Green cone buoys to the left.
- 7 Priority to be given to large vessels in the channel.
- 8 Priority to be given to displacement sailing yachts in the channel.
- 9 It is the responsibility of the adult in the crew to direct their boat behind the King Harry Ferry.

HANDICAPS: First Ran Dan starts 1 min after Pair of Paddles, Flash Boats start 2 min after Ran Dan, Last Flash Boat starts 4 min before first Surf Boat and first Gig starts 2 min after Surf Boats.

NAME OF CLUB-

NAME AND NUMBER OF BOAT-

	Names of Rowers	No. Of Rowers	Total Handicap
Under 14's 100 seconds (Per rower)			
Under 16's 80 seconds (Per rower)			
Under 18 Girls & Ladies 50 seconds (Per rower)			
Veteran Ladies 80 seconds (Per rower)			
Veteran Men 30 seconds (Per rower)			
		Boat Handicap-	

